



**ORDERS MUST BE IN BY NOON ON THURSDAY**

**ORDERS CAN BE PICKED UP FRIDAY AFTERNOON (we will call/email with a time)**

Contact Carol Mitchell [Carol.Mitchell@SD51.bc.ca](mailto:Carol.Mitchell@SD51.bc.ca) or call 250-442-8275 EXT 80324

250-442-2267 EXT 40236

Name \_\_\_\_\_ Phone \_\_\_\_\_

Number of people in home. Adults \_\_\_\_\_ Children \_\_\_\_\_

Email \_\_\_\_\_

Will pick up \_\_\_\_\_ Address (if delivered) \_\_\_\_\_

Community contact person or agency (if applicable) \_\_\_\_\_

**We should have the following items when available in OCTOBER. CHECK THE ITEMS YOU WOULD LIKE:**

**Pre- packed MEALS** Pasta and Sauce \_\_\_\_\_

CHILLI- navy beans, kidney beans, tomatoes, corn, chilli powder \_\_\_\_\_

**Lunch Packs** (KD, ABC pasta, Soup etc) \_\_\_\_\_ Canned veggie Chilli \_\_\_\_\_

**Snack packs** (crackers, granola bars, apple sauce, fruit cups) \_\_\_\_\_

Peanut butter \_\_\_\_\_ canned Salmon \_\_\_\_\_ Dry Lentils \_\_\_\_\_ Chick Peas \_\_\_\_\_ Rice \_\_\_\_\_ Corn \_\_\_\_\_

**Breakfast** Cereal \_\_\_\_\_ Oatmeal \_\_\_\_\_

**Dairy** Milk \_\_\_\_\_ Eggs \_\_\_\_\_ Yogurt \_\_\_\_\_

**Frozen** Bread- brown \_\_\_\_\_ or white \_\_\_\_\_ English muffins \_\_\_\_\_ Bagels \_\_\_\_\_ Wraps \_\_\_\_\_

Frozen Chickenr \_\_\_\_\_

**Produce** Potatoes \_\_\_\_\_ Carrots \_\_\_\_\_ Onions \_\_\_\_\_ Fruit (apples or oranges or bananas) \_\_\_\_\_

**Other**

Due to Covid we ask that you wait outside on the porch and we will bring out your order.

We use Covid precautions when we repackage or handle food.